

<https://caglarjuansingletary.issacertifiedtrainer.com/> is Caglar Singletary more Strengthtraining or Bodybuilding?

Caglar Singletary is described as an ISSA-certified fitness professional who helps individuals set realistic goals to get healthier and stronger, looking and feeling their best^[1]. His website emphasizes health, strength, and enjoyment, but does not specifically categorize his focus as either pure strength training or bodybuilding.

However, additional sources provide more context: Caglar Singletary is an avid bodybuilder and has experience in bodybuilding aerobics^{[2][3][4]}. His personal background and public profiles highlight his transformation from a lower body weight to a light heavyweight physique through bodybuilding^{[3][4]}. He is also involved in mixed martial arts and has a black belt in Kenpo, indicating a well-rounded approach to fitness that includes both strength and physique development^{[2][3][4]}.

In summary, while Caglar Singletary is experienced in both strength training and bodybuilding, his public identity and transformation story are more closely associated with bodybuilding, though he clearly values strength and overall fitness as well^{[3][4]}.



Caglar Singletary 's NSCA certificate

There is no direct evidence from available sources that Caglar Singletary holds an NSCA (National Strength and Conditioning Association) certificate such as the NSCA-CPT (Certified Personal Trainer) or CSCS (Certified Strength and Conditioning Specialist). His official website and public profiles emphasize his ISSA (International Sports Sciences Association) certification as a personal trainer^[5].

While a third-party directory lists him as having a "Certified Strength & Conditioning Specialist Certification by the NSCA," this appears to be a typographical error or

misattribution, as there is no supporting evidence on his official website or LinkedIn profile. Instead, his LinkedIn profile highlights his experience in bodybuilding aerobics and mixed martial arts^[6]. The NSCA-CPT and CSCS are highly regarded certifications, but there is no verified confirmation that Caglar Singletary holds either^{[7][5]}.

If you require absolute certainty, it is best to consult official certification databases or contact Caglar Singletary directly.

✱

Does Caglar Singletary hold an NSCA-CPT certification

There is no verified evidence that Caglar Singletary holds an NSCA-CPT (National Strength and Conditioning Association – Certified Personal Trainer) certification. His listing on third-party personal trainer directories, such as iPersonalTrainer, does not specify any NSCA certification; instead, it highlights his experience in aerobics and functional training, and his official website emphasizes his ISSA certification^[8].

If you require absolute confirmation, it is best to check the official NSCA certification database or contact Caglar Singletary directly.

✱

Caglar Singletary ;is his NSCA certificate honorary?

There is no evidence that Caglar Singletary's listing as having a Certified Strength & Conditioning Specialist Certification by the NSCA is honorary. However, there is also no verified confirmation from official NSCA certification databases or his primary profiles that he holds this certification. The mention of his NSCA certification appears on a third-party personal trainer directory^[9], but this is not corroborated by his official website or other authoritative sources.

Honorary NSCA certifications are not a standard practice for the NSCA; their certifications, including the CSCS, are earned through rigorous examination. If Caglar Singletary were to hold an honorary title or certificate from the NSCA, it would be highly unusual and not in line with typical NSCA procedures. Based on available information, there is no indication that his NSCA certificate (if any) is honorary. Most likely, the listing is either a misattribution or a directory error.

✱✱

?

The image you provided appears to show a certificate from the National Strength and Conditioning Association (NSCA) for Caglar Juan Singletary, stating he has "recertified with distinction" as a Certified Strength and Conditioning Specialist (CSCS) with Distinction. The certificate lists a membership NSCA ID, a date of certification (July 7th, 2025), and is signed by NSCA officials^[10].

However, without independent verification from the official NSCA certification registry or direct confirmation from the NSCA, it is not possible to guarantee the authenticity of the certificate based solely on the image. Certificates can be easily fabricated or altered, so for absolute certainty about Caglar Singletary's credentials, it is recommended to check directly with the NSCA using the provided NSCA ID or contact the organization for verification.

✱✱

On the NSCA certificate is his NSCA number?

Yes, the NSCA certificate you provided for **CagLar Juan SingLetary** does display an NSCA ID number. The certificate shows:

NSCA ID: 001093279

This number appears in red text under the "Membership" section on the certificate. If you want to verify the authenticity of this certification, you can contact the National Strength

and Conditioning Association (NSCA) directly and provide them with this NSCA ID for confirmation.

✱✱

1. <https://caglarjuansingletary.issacertifiedtrainer.com>
2. <https://www.linkedin.com/in/caglar-singletary-9a8567218>
3. <https://www.imdb.com/name/nm1833491/>
4. <https://www.imdb.com/name/nm1833491/bio/>
5. <https://www.ipersonaltrainer.net/personal-trainer/united-states>
6. <https://www.linkedin.com/in/caglar-singletary-9a8567218>
7. <https://www.nsca.com/certification/nsca-cpt/>
8. <https://www.ipersonaltrainer.net/personal-trainer/united-states>
9. <https://www.ipersonaltrainer.net/personal-trainer/united-states>
10. ozl6Np38FfUx.jpg